

# Program 1

Below is the schedule of events for Competitions running on Program 1.

There is no particular order for events, age groups will be called by the announcer as an event site becomes available.

|           |        |     |      |  |        |      |           |
|-----------|--------|-----|------|--|--------|------|-----------|
| <b>U6</b> | Mini H | 70m | 200m |  | Vortex | Long |           |
| <b>U7</b> | Mini H | 70m | 200m |  | Shot   | Long |           |
| <b>U8</b> | 60m H  | 70m | 200m |  | Discus |      | High - SC |

|            |       |      |      |         |        |       |           |
|------------|-------|------|------|---------|--------|-------|-----------|
| <b>U9</b>  | 60m H | 70m  | 400m | 700m W  | Shot   |       | Long      |
| <b>U10</b> |       | 70m  | 400m | 1100m W | Discus | Turbo | High - SC |
| <b>U11</b> |       | 100m | 400m | 1500m   | Discus |       | High - FF |

|            |        |      |      |       |      |         |        |
|------------|--------|------|------|-------|------|---------|--------|
| <b>U12</b> |        | 100m | 400m | 1500m | Shot | Discus  | Triple |
| <b>U13</b> | 200m H | 100m | 400m | 1500m | Shot | Javelin | Triple |
| <b>U14</b> | 200m H | 100m | 400m | 1500m | Shot | Javelin | Triple |

|            |        |      |      |       |        |  |      |           |
|------------|--------|------|------|-------|--------|--|------|-----------|
| <b>U15</b> | 300m H | 100m | 400m | 1500m | Discus |  | Long | High - FF |
| <b>U16</b> | 300m H | 100m | 400m | 1500m | Discus |  | Long | High - FF |
| <b>U17</b> | 300m H | 100m | 400m | 1500m | Discus |  | Long | High - FF |

When called for an event, age groups meet at the Marshalling tents for roll-call before heading to the event site. When called, you will need to go to the following Marshall tents;

## Marshall 1

- 70m, 100m, 200m, 500m, Hurdles (mini to 110m)
- Discus (6-8's only)
- Long Jump, Triple Jump, High Jump

# Program 2

Below is the schedule of events for Competitions running on Program 2.

All competitions on both Program 1 and 2 will begin with Athlete warm up at 7.15am followed by the 'first call' for events made at 7.30am.

|           |  |      |  |      |        |        |      |  |
|-----------|--|------|--|------|--------|--------|------|--|
| <b>U6</b> |  | 100m |  | 300m | Shot   | Discus | Long |  |
| <b>U7</b> |  | 100m |  | 300m | Discus | Vortex | Long |  |
| <b>U8</b> |  | 100m |  | 500m | Shot   | Turbo  | Long |  |

|            |       |         |      |      |        |         |        |           |
|------------|-------|---------|------|------|--------|---------|--------|-----------|
| <b>U9</b>  |       | 100m    | 200m | 800m | Discus | Turbo   |        | High - SC |
| <b>U10</b> | 60m H | 100m    | 200m | 800m | Shot   |         | Long   |           |
| <b>U11</b> | 80m H | 1100m W | 200m | 800m | Shot   | Javelin | Triple |           |

|            |                        |         |      |      |        |         |      |           |
|------------|------------------------|---------|------|------|--------|---------|------|-----------|
| <b>U12</b> | 80m H                  | 1500m W | 200m | 800m |        | Javelin | Long | High - FF |
| <b>U13</b> | 80m H                  | 1500m W | 200m | 800m | Discus |         | Long | High - FF |
| <b>U14</b> | (F) 80m H<br>(M) 90m H | 1500m W | 200m | 800m | Discus |         | Long | High - FF |

|            |                          |         |      |      |      |         |        |  |
|------------|--------------------------|---------|------|------|------|---------|--------|--|
| <b>U15</b> | (F) 90m H<br>(M) 100m H  | 1500m W | 200m | 800m | Shot | Javelin | Triple |  |
| <b>U16</b> | (F) 100m H<br>(M) 110m H | 1500m W | 200m | 800m | Shot | Javelin | Triple |  |
| <b>U17</b> | (F) 100m H<br>(M) 110m H | 1500m W | 200m | 800m | Shot | Javelin | Triple |  |

Marshall 2

- 300m, 400m, 800m, 1500m, Walks, Hurdles (200-300m)
- Shot, Discus, Javelin,

Either Marshall tent (listen carefully to the announcer)

- Turbo, Discus