

# PROGRAM 1

|            |             |      |      |       |         |      |        |         |             |           |
|------------|-------------|------|------|-------|---------|------|--------|---------|-------------|-----------|
| <b>U6</b>  | Mini Mini H | 70m  | 200m |       |         | Shot | Discus | Vortex  | Long Jump   | High - SC |
| <b>U7</b>  | Mini H      | 70m  | 200m |       |         |      |        |         |             |           |
| <b>U8</b>  | 60m H       | 70m  | 200m |       |         |      |        |         |             |           |
| <b>U9</b>  | 60m H       | 70m  | 400m |       | 700m W  | Shot | Discus | Turbo   | Long Jump   | High - SC |
| <b>U10</b> |             | 70m  | 400m |       | 1100m W |      |        |         |             |           |
| <b>U11</b> |             | 100m | 400m | 1500m |         |      |        |         |             |           |
| <b>U12</b> |             | 100m | 400m | 1500m |         | Shot | Discus | Javelin | Triple Jump | High - FF |
| <b>U13</b> |             | 100m | 400m | 1500m | 200m H  | Shot |        |         |             |           |
| <b>U14</b> |             | 100m | 400m | 1500m | 200m H  | Shot |        |         |             |           |
| <b>U15</b> |             | 100m | 400m | 1500m | 300m H  | Shot | Discus | Javelin | Triple Jump | High - FF |
| <b>U16</b> |             | 100m | 400m | 1500m | 300m H  |      |        |         |             |           |
| <b>U17</b> |             | 100m | 400m | 1500m | 300m H  |      |        |         |             |           |

# PROGRAM 2

|            |            |       |      |      |         |      |        |         |             |           |
|------------|------------|-------|------|------|---------|------|--------|---------|-------------|-----------|
| <b>U6</b>  |            | 100m  |      | 300m |         | Shot | Discus | Vortex  | Long Jump   | High - SC |
| <b>U7</b>  |            | 100m  |      | 300m |         |      |        |         |             |           |
| <b>U8</b>  |            | 100m  |      | 500m |         |      |        |         |             |           |
| <b>U9</b>  | 60m H      | 100m  | 200m | 800m |         | Shot | Discus | Turbo   | Long Jump   | High - SC |
| <b>U10</b> |            | 100m  | 200m | 800m |         |      |        |         |             |           |
| <b>U11</b> |            | 80m H | 200m | 800m | 1100m W |      |        |         |             |           |
| <b>U12</b> | 80m H      |       | 200m | 800m | 1500m W | Shot | Discus | Javelin | Long Jump   | High - FF |
| <b>U13</b> | 80m H      |       | 200m | 800m | 1500m W |      |        |         |             |           |
| <b>U14</b> | 80/90m H   |       | 200m | 800m | 1500m W |      |        |         |             |           |
| <b>U15</b> | 90/100m H  |       | 200m | 800m | 1500m W | Shot | Discus | Javelin | Triple Jump | High - FF |
| <b>U16</b> | 100/110m H |       | 200m | 800m | 1500m W | Shot |        |         |             |           |
| <b>U17</b> | 100/110m H |       | 200m | 800m | 1500m W | Shot |        |         |             |           |