

# Uniform

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## Kingsway Competitions

- Club shirt (Ballajura, Greenwood, Landsdale, Wanneroo or Woodvale)
- Plain navy shorts or Kingsway branded shorts  
*note: Kingsway branded shorts will be compulsory from the 2024/25 season*
- □ Registration bib

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## State Events

- U6 to U8's - Club shirt
- U9 to U17's - Centre shirt (green Kingsway singlet)
- Kingsway branded shorts (mandatory)
- Registration bib

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## Registration bib & age tag

- These will be provided to you by your Club Registrar once all fees have been paid.
- The registration bib may need to be moved from a Club shirt to a Centre shirt, so we do not recommend sewing the bib directly onto the shirt.

Instead you can protect the edges of the bib by sewing them over or using non sewing webbing tape (available from Spotlight etc).

The bib can then be secured to your shirt by safety pins (one in each corner).

Keep the bib as it may be needed next year.



## Tiny Tots

- Tiny Tot Club shirt (will be provided on your first day)
- Comfortable shorts or skirt etc
- Comfortable shoes (sneakers or sandals etc, please no thongs or flip flops)
- Hat

## Shoes & Spikes

Shoes are compulsory in all events.

The wearing of spikes is optional for athletes in the U11 to U17 age groups.

Before an athlete is permitted to wear spikes at any competition, they must first apply to their Club for permission. The athlete must be able to show they understand that spikes can pose a safety risk to others and agree to conditions that keep everyone safe.

U11 - U12's may wear spike shoes for;

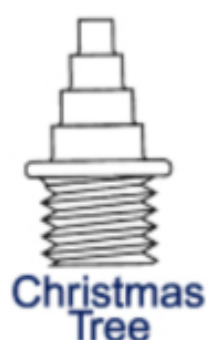
- Track events run entirely in lanes
- Long Jump, Triple Jump, High Jump and Javelin

U13 - U17's may wear spike shoes for;

- All track events with the exception of walks
- Long Jump, Triple Jump, High Jump and Javelin

Spike lengths are as follows;

- Track spikes - 7mm maximum
- Field spikes - 9mm maximum
- Javelin and High Jump - 11mm maximum



Approved



Approved



**NOT  
Permitted**